

# SCALP OBSERVATION & PATTERN RECOGNITION SHEET

*(Professional Use Only)*

**Client Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Practitioner:** \_\_\_\_\_

**Consult Type:**  In-Person  Virtual  Photo Review

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## 1. SCALP SURFACE OBSERVATION

*(Describe only what is visible)*

- Even tone
- Visible redness
- Flaking
- Oily appearance
- Dry appearance
- Visible buildup / debris
- Other (describe): \_\_\_\_\_

**Notes:**

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## 2. FOLLICULAR OPENINGS

*(What do the follicles appear to be doing?)*

- Clearly visible
- Partially obscured
- Largely obscured
- Appear irregular
- Appear uniform
- Empty follicles observed
- Other (describe): \_\_\_\_\_

**Notes:**

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**3. HAIR DENSITY & DISTRIBUTION**

*(Where does hair appear reduced or stable?)*

- Even density
- Diffuse reduction
- Patterned reduction
- Frontal
- Crown / vertex
- Temporal
- Part widening observed
- Other (describe): \_\_\_\_\_

**Notes:**

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**4. HAIR SHAFT OBSERVATION**

*(Focus on the hair strand itself)*

- Uniform length
- Uneven length
- Breakage observed
- Thinning strands
- Miniaturized hairs observed
- Texture variation
- Other (describe): \_\_\_\_\_

**Notes:**

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## 5. CLIENT-REPORTED INFORMATION

*(Quote client where possible — do not interpret)*

Client reports:

“  
\_\_\_\_\_  
\_\_\_\_\_”

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## 6. OBSERVATION SUMMARY

*(Neutral, factual, no causes or diagnoses)*

Based on what is visible at the scalp level:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

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## 7. FOLLOW-UP / TRACKING NOTES

*(Used for future comparison — optional)*

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### REMINDER FOR PRACTITIONERS

- Document what you **see**, not what you assume
- Avoid diagnoses, causes, or predictions
- Observation builds clarity and protects scope